

Airstream Direction Guide

The Concept: This simple Guide is intended to visually remind the flutist to aim their airstream in a consistent *general direction*. Typically, lower notes are played by aiming downwards and higher notes are played by aiming upwards. For best results, this can be used after practicing with a Pneumo Pro.

How to Use: Place the Guide on your music stand in front of you. The yellow bar should be a little below your elbow. While keeping your chin steady in the proper flute placement, aim at each color with your air.

Exercise Examples:

Harmonics: Aim at each color while playing harmonics. The lowest harmonic should be yellow, the next harmonic should be green, etc. You can even play harmonics in different orders while using the Guide as a visual aid along with listening.

Long Tones: With consistent air, find and aim at the color that sounds the best for each note.

Scales: Start on the lowest note while aiming at the yellow bar. Gradually aim higher as the notes go higher.

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